

*Faith*

SMALL AS A

MUSTARD SEED

ZION EV. LUTHERAN CHURCH, MONROE, MI

(Wisconsin Evangelical Lutheran Synod)

IN JESUS' NAME WE WELCOME YOU!

Twentieth Sunday after Pentecost

October 23, 2022

**WELCOME TO ZION.** It is our hope and prayer that the message you hear today from God's Word will strengthen your faith and fill your heart with the peace only God can give and the joy we have in believing that JESUS CHRIST is our Savior from sin.

**WORSHIP FOCUS:** Faith is the very foundation of the Christian life. Faith, worked by the Holy Spirit through the gospel, allows us to do great things for the Lord and see eternal life as our ultimate goal. Let us thank God daily for the gift of faith.

**LITURGY: Service of Morning Praise**

*CW pg. 45*

**OPENING HYMN:** *CW 423*

**"Not in Anger Mighty God"**

TRUST

423

**Not in Anger, Mighty God**



1 Not in an - ger, might - y God, Not in an - ger  
2 Show me now a Fa - ther's love And his ten - der  
3 My dear Sav - ior comes in grace; He will al - ways  
4 Fa - ther, hymns to you we raise With sin - cere thanks -



smite us. We must per - ish if your rod  
pa - tience. Heal my wound - ed soul; re - move  
hear me. I may come be - fore his face;  
giv - ing And the Son and Spir - it praise



Just - ly should re - quite us. We are naught;  
These too sore temp - ta - tions. I am weak;  
He is ev - er near me. He o'er - throws  
With re - pent - ant liv - ing. Ev - er - more



Sin has brought, Lord, your wrath up -  
Fa - ther, speak Now of peace and  
All my foes; Death and hell are  
We a - dore You whose love has



on us. Yet have mer - cy on us!  
glad - ness; Com - fort me in sad - ness.  
van - quished, In whose bonds I lan - guished.  
stirred us And whose pit - y heard us.

STAND



M: O Lord, o - pen my lips.



C: And my mouth shall de - clare your praise.



M: Has - ten to save me, O God.



C: O Lord, come quick - ly to help me.



M: (Advent) Behold the \_\_\_\_\_ King comes: let us wor - ship him.  
 (Christmas) Unto us the \_\_\_\_\_ Christ is born: let us wor - ship him.  
 (Epiphany) The glory of Christ \_\_\_\_\_ is re - vealed: let us wor - ship him.  
 (Lent) Behold the \_\_\_\_\_ Lamb of God: let us wor - ship him.  
 (Easter) The Lord is \_\_\_\_\_ ris - en: let us wor - ship him.  
 (Pentecost) The Spirit of the Lord \_\_\_\_\_ fills the world: let us wor - ship him.  
 (General) Praise be to God, the Father,  
 the Son, and the Holy \_\_\_\_\_ Spir - it: let us wor - ship him.

BE SEATED



C: Oh, come, let us sing to the Lord, let us make a joyful noise to the rock of



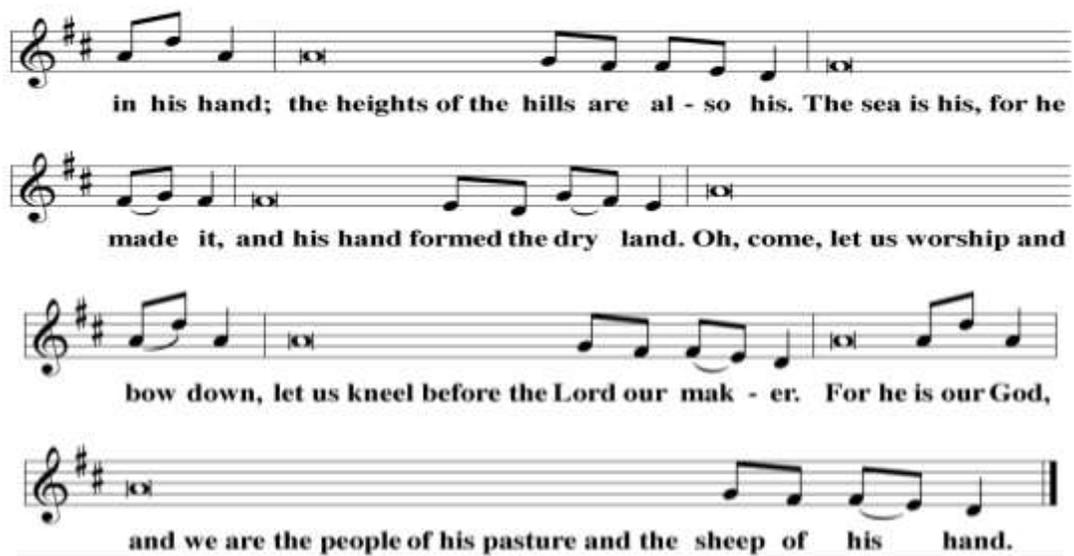
our sal - va - tion. Let us come into his presence with thanks - giv - ing,



let us make a joyful noise to him with songs of praise. For the Lord is a



great God and a great king a - bove all gods. The deep places of the earth are



in his hand; the heights of the hills are al - so his. The sea is his, for he  
made it, and his hand formed the dry land. Oh, come, let us worship and  
bow down, let us kneel before the Lord our mak - er. For he is our God,  
and we are the people of his pasture and the sheep of his hand.

## THE WORD

### FIRST LESSON

### Habakkuk 1:1-3, 2:1-4

<sup>1</sup> The threatening oracle which the prophet Habakkuk saw. <sup>2</sup> How long, LORD, must I cry for help, but you do not listen? I call out to you, “Violence!” but you do not save! <sup>3</sup> Why do you cause me to see injustice? Why do you overlook misery? Devastation and violence confront me. There is strife, and tensions rise.

<sup>2</sup> I will stand at my watch post and station myself on the city wall. I will look to see what he will say to me, and what answer he will give to my complaint. <sup>2</sup> Then the LORD answered me. He said: Record the vision and write it plainly on tablets so that a herald may run with it. <sup>3</sup> Indeed, the vision is waiting for the appointed time. It longs for fulfillment and will not prove false. If it seems slow in coming, wait for it, because it will certainly come and will not be delayed. <sup>4</sup> Look, his soul is puffed up and is not righteous within him—but the righteous one will live by his faith. (EHV)

*Refrain*

The Lord is my light and my sal - va - tion — of whom shall I  
be a - fraid, of whom shall I be a - fraid?

*Psalm tone*

Hear my voice when I call, O LORD;\*  
be merciful to me and answer me.

Do not hide your face from me,\*  
do not turn your servant away in anger;  
you have been my helper.

Do not reject me or forsake me,\*  
O God my Savior.

*Refrain*

Though my father and mother forsake me,\*  
the LORD will receive me.

I am still confident of this:\*  
I will see the goodness of the LORD in the land of the living.

Wait for the LORD;\*  
be strong and take heart and wait for the LORD.

**Glory be to the Father and to the Son\*  
and to the Holy Spirit,  
as it was in the beginning,\*  
is now, and will be forever. Amen.**

*Refrain*

Second Lesson

2 Timothy 1:3-14

<sup>3</sup>I thank God, whom I serve with a clean conscience as my ancestors did, as I constantly remember you in my prayers night and day. <sup>4</sup>When I remember your tears, I long to see you, so that I may be filled with joy. <sup>5</sup>I remember your sincere faith, which first lived in your grandmother Lois and your mother Eunice, and I am convinced that it also lives in you. <sup>6</sup>For this reason I am reminding you to fan into flame the gift of God, which is in you through the laying on of my hands. <sup>7</sup>For God did not give us a timid spirit, but a spirit of power and love and sound judgment. <sup>8</sup>So do not be ashamed of the testimony about our Lord or of me his prisoner. Instead, join with me in suffering for the gospel while relying on the power of God. <sup>9</sup>He saved us and called us with a holy calling, not because of our works, but because of his own purpose and grace. This grace was given to us in Christ Jesus before time began, <sup>10</sup>and it has now been revealed through the appearance of our Savior Christ Jesus, who abolished death and brought life and immortality to light through the gospel. <sup>11</sup>For this gospel I was appointed a herald, apostle, and teacher of the Gentiles, <sup>12</sup>and that is why I am suffering these things. But I am not ashamed, because I know the one in whom I have believed, and I am convinced that he is able to guard what I have entrusted to him until that day. <sup>13</sup>Hold fast to the pattern of sound words that you heard from me, with faith and love in Christ Jesus. <sup>14</sup>Through the Holy Spirit, who lives in us, guard the good deposit that was entrusted to you.

HYMN: CW 181

“Come, Oh, Come, Life-Giving Spirit”

PENTECOST

181 Come, Oh, Come, Life-Giving Spirit



1 Come, oh, come, life - giv - ing Spir - it, God from all e -  
 2 Show us, Lord, the path of bless - ing; When we tres - pass  
 3 With our spir - it, Lord, bear wit - ness That we are the  
 4 Prompt us, Lord, to come be - fore him With a child - like  
 5 Grant our hearts in full - est mea - sure Wis - dom, coun - sel,



ter - ni - ty! May your pow - er nev - er fail us;  
 on our way, Cast, O Lord, our sins be - hind you  
 saints of God Who re - ly up - on him sole - ly  
 heart to pray; Sigh for us, O Ho - ly Spir - it,  
 pur - i - ty, That we al - ways strive to please you,



Dwell with - in us con - stant - ly. Then shall truth and  
 And be with us day by day. Should we stray, O  
 When we're chas - tened by the rod; For we know, as  
 When we know not what to say. Then our prayer is  
 Work - ing for you will - ing - ly. Let the gos - pel



life and light Ban - ish all the gloom of night.  
 Lord, re - call; Work re - pent - ance when we fall.  
 chil - dren should, That the cross is for our good.  
 not in vain, And our faith new strength shall gain.  
 spread and grow, Bring - ing Sa - tan's o - ver - throw.

Text: Heinrich Held, 1620-59, abr.; tr. Charles W. Schaeffer, 1813-96, alt.  
 Tune: KOMM, O KOMM, DU GEIST DES LEBENS (87 87 77) *Neu-vermehrtes . . . Gesangbuch*, 3rd ed., Meiningen, 1693, alt.

**VERSE OF THE DAY:** Alleluia. I will proclaim your name to my people; in the midst of the congregation I will praise you. Alleluia. (Hebrews 2:12 cf. RSV)

**Sermon Text and Theme:**

**Luke 17:1-10**

17 Jesus said to his disciples, "Temptations to sin are sure to come, but woe to the one through whom they come! <sup>2</sup>It would be better for that person if a millstone would be hung around his neck and he would be thrown into the sea than for him to cause one of these little ones to sin. <sup>3</sup>Watch yourselves. "If your brother sins, rebuke him. If he repents, forgive him. <sup>4</sup>Even if he sins against you seven times in a day, and seven times returns to you and says, 'I repent,' forgive him." <sup>5</sup>The apostles said to the Lord, "Increase our faith." <sup>6</sup>The Lord said, "If you had faith like a mustard seed, you could tell this mulberry tree, 'Be uprooted and planted in the sea,' and it would obey you. <sup>7</sup>Which one of you who has a servant plowing or taking care of sheep will say to him when he comes in from the field, 'Come at once and recline at the table'? <sup>8</sup>Won't the master tell him instead, 'Prepare my supper, and after you are properly dressed, serve me while I eat and drink. After that you may eat and drink'? <sup>9</sup>He does not thank the servant because he did what he was commanded to do, does he? <sup>10</sup>So also you, when you have done all that you were commanded, say, 'We are unworthy servants. We have only done what we were supposed to do.'" (EHV)

## A LITTLE FAITH GOES A LONG WAY

### INTERCESSORY PRAYERS

**PRAYER OF THE CHURCH:**

*CW 127*

**P:** O Lord, our God, you are wise and powerful, good and gracious. Your mercies are new every morning. Each day you open your hand and provide for the needs of your children on earth.

**C: We praise you for every grace and blessing.**

**P:** Strengthen your Church in all the world. Let your comforting message of salvation in Christ Jesus be proclaimed to troubled souls everywhere.

**C: Use our ministries and offerings to extend your healing and your hope.**

**P:** We bring you our requests for the various structures of our society. Bless our national, state (provincial), and local governments.

**C: Grant us civil servants who are worthy of honor and respect.**

**P:** Grant prosperity to our businesses and industries. Give employers a sense of fairness toward their workers, and employees a feeling of joy and pride in their workmanship.

**C: Help us find satisfaction in all work well done.**

**P:** Invigorate the schools of our land. Give success to every effort that helps students read, think, and communicate in ways that will promote an informed and responsible citizenry. Arouse curious minds to discover the wonders of your created order.

**C: Give us teachers and students who pursue excellence.**

P: Strengthen the families of our country. Give fathers and mothers a renewed commitment to be good parents. Give children and young people the wisdom to regard their parents as your representatives.

**C: Lead us to love one another as you have loved us.**

*Special prayers and intercessions may follow.*

P: Hear us, Lord, as we bring you our private petitions.

*Silent prayer.*

P: Gracious Father, we pray boldly as Jesus taught, with the confidence that you will hear and with the faith that you will respond for our welfare.

**C: Amen.**

### Prayer of the Day

P: Almighty God, in your bountiful goodness keep us safe from every evil of body and soul. Make us ready, with cheerful hearts, to do whatever pleases you; through Jesus Christ, your Son, our Lord who lives and reigns with you and the Holy Spirit, one God, now and forever.

**C: Amen.**

### WE PRAISE YOU, O GOD

C: We praise you, O God, we acclaim you as Lord; all creation worships you,  
Fa-ther ev - er - last - ing. To you all angels, all the pow'rs of heav'n,  
cherubim and seraphim, sing in end-less praise: Holy, holy, holy Lord, God of  
heav'n - ly hosts, heaven and earth are full of your glo - ry.



The glorious company of apostles praise you. The noble fellowship of



proph-ets praise you. The white-robed army of martyrs praise you.



Throughout the world the ho - ly Church ac - claims you:



Father of majesty unbounded, your glorious, true, and on - ly Son,



and the Holy Spirit, ad - vo - cate and guide. You, Christ, are the King of



glo - ry, the eternal Son of the Fa - ther. When you became man to



set us free, you humbled yourself to be born of a vir-gin. You overcame the



sting of death and opened the kingdom of heaven to all be-liev - ers.



You sit at the right hand of God in the glory of the Fa - ther.



We believe that you will come to be our judge.



Come then, Lord, and help your peo - ple, bought with the price of



your own blood, and bring us with your saints to glory ev - er - last - ing.

# LORD, HAVE MERCY

*Kyrie*



**M:** In the morning, O Lord, I call to you; be merciful to me and hear my prayer.



**C:** Lord, have mer - cy. Christ, have mer - cy. Lord, have mer - cy.

# LORD'S PRAYER

**C:** Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory forever and ever. Amen.



**M:** Let us praise the Lord.



**C:** Thanks be to God.

# BLESSING



**M:** The grace of our Lord + Je - sus Christ and the love of God



and the fellowship of the Holy Spir - it be with you all.



**C:** A - men.

FAITH

# 404 Faith Is a Living Power from Heaven



1 Faith is a liv - ing pow'r from heav'n  
 2 Faith finds in Christ what - e'er we need  
 3 Faith in the Sav - ior brings us peace  
 4 We thank you, then, O God of heav'n,  
 5 As you have prom - ised, grant each soul



That grasps the prom - ise God has giv'n,  
 To save or strength - en us in - deed,  
 And bids the mourn - er's weep - ing cease;  
 That you to us this faith have giv'n  
 Its ho - ly faith's true end and goal:



A trust that can - not be o'er - thrown,  
 Re - ceiv - ing grace from heav - en's throne  
 By faith the chil - dren's place we claim  
 Through might - y Word and sac - ra - ment  
 The bless - ed - ness no foes de - stroy,



Fixed heart - i - ly on Christ a - lone.  
 And hum - bly shar - ing cross and crown.  
 And give all hon - or to one name,  
 To trust the one whom you have sent.  
 E - ter - nal love and light and joy.

Text: Petrus Herbert, d. 1571, abr.; tr. Catherine Winkworth, 1827-78, alt.  
 Tune: HERR JESU CHRIST, MEINS (LM) *As hymnodus sacer*, Leipzig, 1625, alt.



Officials

Accompanist: Kayla Liechty

Liturgist & Preacher: Pastor Greg Sitzman

ZION EVANGELICAL LUTHERAN CHURCH

Pastor Ross Ulrich: 734-240-3888; [rwulrich@zionmonroe.org](mailto:rwulrich@zionmonroe.org)

Pastor Greg Sitzman: 734-309-7877; [gsitzman@zionmonroe.org](mailto:gsitzman@zionmonroe.org)

Principal: Bryan Schneck: 907-331-7761; [bschneck@zionmonroe.org](mailto:bschneck@zionmonroe.org)

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**ADULT CHOIR:** We have an adult choir that has started practicing. They meet on Sundays after Bible Study. If you are not able to meet at that time please contact Bryan Schneck about meeting at another time. His phone number is 907-331-7761.

**TECHNOLOGY COMMITTEE** - We are forming a new Technology Committee to help with upgrades to our existing systems. If you would be interested in joining please contact Jeremy Robinson. You can contact him at 734-586-2688.

**TRUNK-OR-TREAT!** Saturday, October 29th is our CEA Trunk-or-Treat from 1:00 to 2:30 p.m. in our school parking lot. There will also be a decorated pumpkin raffle. If you would like to decorate a pumpkin for the raffle, please help yourself to a pumpkin from the school entrance. (Pumpkins will be dropped off this Friday.) Join us, and bring a friend or two! We need volunteers to decorate their cars, trucks, vans, etc. and hand out candy or treats to Zion students and friends. Can you help us out? Go all in and decorate your vehicle with a kid-friendly theme, or just put out a few harvest decorations. (There will be prizes for the best decorated vehicles!) We also need volunteers to help set up and take down games and activities, share snacks and food, and otherwise make it a fun time for families. If you are willing to host a "Treat Trunk" with your vehicle, please sign up on our Sign-Up genius page at the link below. You may also indicate your willingness to volunteer on the same Sign-Up Genius page. Or just contact the school to let us know you want to help out! When signing up your vehicle, please indicate your decoration theme (if you have one) in the comments. The sign-up to host a decorated vehicle or otherwise volunteer can be accessed here: <https://www.signupgenius.com/go/4090b45aba82fa0f58-harvest>. We can also use candy and treat donations! Bags of treats can be dropped off in the church/school office. We hope you can join us in making our Harvest Trunk or Treat a great time for families! If you have any questions, please contact our coordinators Katie Barker (734-652-7656) or Jamie Clements (734-224-0113).

**WINTER CLOTHING EXCHANGE** Do you have any good condition kids' or adults' winter gear that you no longer need or that your family has outgrown, or do you or a family member need winter gear? From October 17 th to November 4 th we will be collecting and sharing gently used winter clothing. You can either donate winter coats, snow pants, snow suits, boots or other winter gear that you no longer need, or if you or your child needs a new coat or other item, you can trade-up to a new size or get something you need for free. Nothing to trade? You may still help yourself to anything you need. If you know a family that needs winter gear, invite them to come and take a look. Please use the basket for hats, gloves, scarves and mittens. This is a great opportunity for our school and church families to help each other out, as well as assisting others in our community who have a need. Please leave any donations on the ministry table next to the pastor's office starting on Monday, October 17 th. Items will be available until November 4 th, after which any leftover items will be donated to children's and families' charities in Monroe.

**THE BOARD OF SERVICE AND FELLOWSHIP** is planning to hold a marriage retreat in March 17-19, 2023. WELS Pastor Randy Hunter will lead the discussions. We would start on Friday evening and run through Sunday at noon. A worship service will be conducted on Sunday morning. We need to get an approximate number of persons who would attend. If you sign up, it does not mean you are locked into attending. We are trying to make the best arrangements for rooms and meeting rooms. If you have any questions, please contact Ken Vagt.

#### **NEWS FROM MICHIGAN LUTHERAN SEMINARY:**

**MLS OPEN HOUSE:** Michigan Lutheran Seminary invites all 5th-8th grade students and their families to spend part of a day on campus learning about MLS at one of our Open House events. There will be several open houses throughout the school year. All open houses will include a tour of campus, faculty introductions, a free meal in the dining hall, and free admission to an MLS event.

- Nov 20 (4:00-6:00) - Fall Play performance @ 2:30 (Open House after show)
- Feb 10 (1:30-5:30) - Varsity basketball games vs. Nouvel
- Mar 11 (4:00-6:00) - Children's Theater performances @ 2:00 and 7:00 (Open House between shows)
- May 5 (4:00-6:00) - Varsity baseball/softball games vs. Bullock Creek

Get your questions answered as you and your 6th-8th grade students meet faculty and students, attend mini-classes, and hear personal experiences from other MLS parents. Between tours and break-out sessions, you'll find out everything that makes MLS an incredibly special place for students and their families. Visit [www.mlsem.org](http://www.mlsem.org) to register.

#### **COMING UP AT ZION ....**

Sunday	9:00 a.m. Worship Service 10:15 a.m. Sunday School and Youth Group NO Adult Bible Class – <b>OPEN FORUM</b>
Tuesday	10:00 a.m. Adult Bible Class
Wednesday	7:00 p.m. Worship Service
Saturday	1:00 p.m. Trunk-Or-Treat 4:00 p.m. Chili/Soup Cook-off
Next Sunday	9:00 a.m. Worship Service 10:15 a.m. Sunday School, Youth Group and Adult Bible Class Noon Voter's Meeting

#### **Our Fruits of Faith**

At worship last week: 27 +129 =156;  
Offerings for week ending 10/15/22: General - \$8,473.75  
Missions - \$1,067.00

## Would you like to help “feed some lambs”?

*Our congregation is accepting donations to Zion's two "Zion School Tuition Assistance" funds. These funds are set up to specifically assist families in need within the congregation and the community with tuition assistance scholarships for their child attending Zion Lutheran School. With recent events, there is a particular need due to the financial challenges facing several of our families this year.*



*There are two funds, one designated to help any family in our community wishing to attend Zion Lutheran School, and one designated for Zion congregation member families. We have already used most of the funds available to us for member families for the new school year, and our general fund (open to all school families) already does not meet our needs for the next school year.*

*If you are interested in making a donation to either of these funds, please make checks payable to "Zion Lutheran Church". Please write in the check memo line which fund you wish the donation to go to:*

*"ZLS Tuition Assistance – General" or  
"ZLS Tuition Assistance – Zion Member".*

*Donations not designated to a specific fund will be applied to the funds as needed at the discretion of the school board and church council.*

*Thank you for helping Zion Lutheran School to do all we can to answer Christ's call to "feed his lambs and sheep".*

*Jesus said, "Feed my lambs." – John 21:15b*

### OCTOBER VOLUNTEERS

	Sept. 28 & Oct. 2	Oct. 5 & 9	Oct. 12 & 16	Oct. 19 & 23	Oct. 26 & 30
ALTAR GUILD			Cindy Ulrich		
LIVE STREAM HELPERS	Rob Krueger	Zach McCormick	Steve Sordahl	Miller Sordahl	Rob Krueger
USHERS	<u>Sept. 28</u> Russ Vitale Keith McBee Mark Kipf  <u>Oct. 2</u> Russ Vitale Keith McBee Mark Kipf	<u>Oct. 5</u>  <u>Oct. 9</u> Rob Krueger Ray Chandonnet Ralph Naveaux Erich Freiny	<u>Oct. 12 &amp; 16</u> Tony Affholter Mark Fuerstenberg Tim Fuerstenberg	<u>Oct. 19</u>  <u>Oct. 23</u> Joe Koch Joe Schmeling Dave Bengé	<u>Oct. 26</u>  <u>Oct. 30</u> Jeremy Robinson Jacob Robinson William Robinson Alan Bober
COMMUNION HELPERS	Steve Sordahl		<u>Oct. 12</u> Mark Kipf <u>Oct. 16</u> Erich Freiny		

**Zion's Chili/Soup Cook-Off**  
**October 29<sup>th</sup> 4:00 p.m.**  
**Calling Chili/Soup Lovers!**  
**Come to compete or to eat.**

Bring your pot o' chili/soup and your appetite to see who has the best chili/soup around!

Rather eat than cook? Grab a spoon and judge who will be the winner!

**Admission \$5.00**  
**to Benefit Camp Killarney**

Chili/Soup Cook-Off Entries:

- Each entry can be created by an INDIVIDUAL, or by a TEAM.
- Each entry must be fully cooked, hot and delivered in a 5-8 quart crockpot.
- Blind, anonymous judging to be done by all attendees.
- Sign-up sheet in west foyer of church.

Chili/Soup Cook-Off Official Rules:

- Grab a Scorecard and Pen.

Round 1: Taste Test only! (sign-up in west foyer)

- Begin sampling chili/soup by just taking enough to taste. There will be time to come back for more later!
- Each chili/soup is identified by either a number or letter. Taste each chili/soup and score according to the instructions located on the scorecard.
- Once all the chilis/soups have been tasted and scored, submit your voting ballot in the designated area.

Round 2: DIG IN!

- Grab a big bowl of chili/soup and wait to find out who is the winner of the cook-off!

Prizes will be awarded.

## MICHIGAN DISTRICT DONATION DRIVE FOR THE WLS FOOD BANK

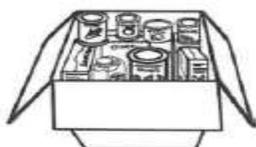


It is time for the Michigan District's annual donation drive for the Food Bank at Wisconsin Lutheran Seminary in Mequon, Wisconsin. These gifts of love are greatly appreciated by our future pastors and their families. On the reverse side of this insert you will find a current list of needed items. Donations should be brought in a sturdy box that can be closed to make loading easier and transportation safer.

### 2022 WLS Food Bank Needed Items

All items should be at a drop-off location by Friday, November 4.

Diapers (various sizes)	Mustard
Baby wipes	BBQ sauce
Baby food/cereal	Miracle whip
Paper Towels	Mayo
Toilet Paper	Taco seasoning
Kleenex	Oatmeal
Laundry Detergent	Pasta sauce
Dish soap	Mac & cheese
Hand soap	Rice
Coffee	Applesauce
Fruit Juice	Hamburger helper
Breakfast Cereal	Soups
Peanut Butter	Jelly/Jam
Flour	Snacks
Pasta Items	
Canned Fruit	
Cooking Oils	
Ketchup	



Monetary gifts are very welcome (checks made payable to Wisconsin Lutheran Seminary). These gifts are used by the Food Bank managers to purchase grocery store gift cards for the students to buy perishable food that can't be stored at the Food Bank, and for help those with special dietary needs.

**PLEASE NOTE:** Due to many generous donors, the WLS Food Bank has an **abundance of certain items**. While all donations are gratefully accepted **please limit contributions of the following:** *Canned vegetables, pasta sauce, instant potatoes, Hamburger Helper, tea.*